Our Lady & St Ninians & Sacred Heart Catholic Church Bannockburn 01786 812249

Fr Kevin Murray Parish Priest

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Catholic Presbytery

52 Quakerfield, Bannockburn FK7 8HZ Parish Secretary Barbara McCormick

Our Lady & St. Ninians and Sacred Heart is a Parish of the Roman Catholic Archdiocese of St Andrews & Edinburgh, a Charity registered in Scotland – number SC008540 SUNDAY 18th FEBRUARY 2024

1st SUNDAY LENT -B

Sat 17 Feb Holy Mass 6.30pm	В/В		Tom McKeown
Sun 18 Feb Holy Mass 10.00am	В/В		People of the Parish
Sun 18 Feb. Holy Mass 11.30am	Cowie		David O Hare (Snr)
Monday 19 Feb	В/В	No Mass	
Tues 20 Feb Holy Mass 7.00pm	В/В	Mass and Stations of the Cross	Bryan Norris
Wed 21 Feb Holy Mass 10.00am	В/В		Colin McVicars
Thurs 22 Feb Holy Mass 10.00am	В/В	Rosary/Stations	
Fri 23 Feb Holy Mass 10.00am	Cowie	School Mass	Danny Lynch
Fri 23 Feb 7.00pm	Cowie	Stations of the Cross	
Sat 24 Feb Holy Mass 6.30pm	В/В		Bert & Ellen Gray
Sunday 25 Feb Holy Mass	В/В		Alfie, Wendy & Aaden Daley
Sunday 25 Feb Holy Mass 11.30am	Cowie		People of the Parish

Weekly collection B/Burn: £ 1012.00 Weekly collection Cowie: £169.00 Pot of Gold winner: No 47 A Tortolano £31.00

Responsorial Psalm: Your ways Lord, are faithfulness and love for those who keep your covenant.

Gospel Acclamation: Praise to you, O Christ, king of eternal glory! Man does not live on bread alone, but on every word that comes from the mouth of God: Praise to you, O Christ, king of eternal glory!

Presentation of the Gospel.

Those Children who are preparing for the sacraments are invited to attend any of the weekend masses to be recognised by the community on Sat 24th and 25th Feb.

Soul Sisters

Hi all ladies. By popular request Our Fish tea will be on Sunday 25 February at 3.00pm with a few more treats added in. Please put your name on list at back of Church.

SVDP Thursday 29th February: Lunch Club

<u>World day of prayer</u> will be held in our Church on Friday 1st March at 7.00pm. The prayer service has been composed by the women of Palestine. If anyone can offer home baking for this event please put your name on the list at the back of the Church.

Archbishop Cushley's message for Lent 2024

My dear friends,

Ash Wednesday is this week and marks the beginning of Lent.

It is a day of fasting and abstinence as we head into six weeks of spiritual preparation for Easter Sunday. Below is my message for Lent, which is also available as a video message here.

I want to offer three things that we can do in Lent.

Get your Ashes

Make every effort to get your ashes on Ash Wednesday and embrace this day of prayer and fasting.

The ashes signify repentance and our mortality.

When the priest places the ashes on your forehead he says: "Remember that you are dust, and to dust you shall return".

Or he will say: "Repent and believe the Gospel".

So, it is a chance to come before God in humility and to say sorry for our sins.

Prioritise prayer

Pope Francis has suspended his busy schedule for the first week of Lent to dedicate himself to private, prayerful, spiritual exercises.

He is putting prayer first, and we can follow that example.

Whether that means getting up a little earlier to spend time with the Lord, or switching off the TV or radio, let us prioritise prayer each day in Lent.

Make sacrifices

Often we resolve to 'give up' something in Lent, such as chocolate, alcohol, caffeine. Done in the right spirit, with an intention to get closer to God, this is a good thing. Let us also make sacrifices for others, to help them, especially when it may be inconvenient to ourselves.

That way we can imitate Jesus who sacrificed his life for us all.

Please also read the Holy Father's message for Lent here.

God bless you,

+Leo Cushley

You can register now for one of the courses hosted by the Archdiocese. Please visit https://archedinburgh.org/administration/marriage-preparation-courses/